

HOW TO BE PRO-LIFE IN TODAY'S CULTURE:

DIVERSE PRO-LIFE RESOURCES

4-20-26

PREGNANCY RESOURCE CENTERS AND OTHER PREGNANCY SUPPORT

If you are approached about an unplanned pregnancy, your best option is to ALWAYS direct women to a pregnancy resource center or pregnancy support organization. Not just for women facing financial hardship, these centers and organizations will provide women with the information and emotional support they need.

Southside Pregnancy Center (at 3759 W. 95th Street in Evergreen Park, IL) offers a variety of free resources for women and men during and after pregnancy and post-abortion. SPC also has church partnerships to meet the needs of these individuals. To connect to SPC, call 708 229-0092 or go to southsidewomensservices.com. To volunteer call 708 346-9070 or go to beavoiceforlife.org and click Get Involved. To schedule or attend **Equipped!** educational pro-life presentations for children, junior and senior high schoolers and adults, in partnership with Illinois Family Institute, call 708 781-9328 (IFI) or go to EquippedForLife.net, which also has a link to this list of resources.

Fake Clinics? Documentary Pregnancy Help Centers are being labeled as fake clinics, but what is the real story? We explore the truth of the matter. Southside Pregnancy Center is one of two pregnancy centers featured, providing insight into how they are part of the system of top notch pregnancy centers. (Enter title on youtube.com or go directly to youtu.be/9VemgDK2B48?si=-vVHKWFFLk_Z_nAe.)

ProLove Ministries' umbrella involves life-affirming projects and organizations collaborating together and bringing unity to the pro-life movement! ProLove Ministries identifies blind spots in the pro-life movement and connects resources, so that anyone facing problems or crisis situations regardless of stage of development, race, age, gender, or ability will have a network of solutions that help instead of harm. proloveministries.org

Loveline's goal is to connect with you and actively listen to hear your needs. If it is determined that your situation requires case management, they will commit to care for you and follow through to ensure your most critical needs are met first upon completion of intake. They provide ongoing support in your own community through loving volunteers and organizations that they have a relationship with. loveline.com

Option Line offers pregnancy and post abortion help online: optionline.org Call or text 800 712-4357.

Care Net pregnancy centers provide accurate & helpful information in a compassionate environment, to empower life-affirming choices that change lives. care-net.org Call 703 554-8734.

Caring Network of Illinois Glorifying Jesus Christ, we seek to eliminate the suffering from and desire for abortion in the State of Illinois. caringnetwork.com 630-493-1340

StandingWithYou.org is a database of pregnancy and parenting resources across the country. It includes information on your rights in school and the workplace and about forced or coerced abortion (which is illegal).

Health Resources and Services Administration: The Bureau of Primary Health Care (BPHC) funds nearly 1,400 health centers. They provide affordable, accessible, and high-quality primary health care to underserved communities at over 16,200 sites. Health centers are community-based and serve over 32 million people and provide access to medical, dental, behavioral, vision, and other health care services. bphc.hrsa.gov

U.S. Department of Health & Human Services Health centers provide medical, dental, mental health, substance use, and other services. They focus on the needs of each patient, and they make sure their providers work together to provide the best care. bphc.hrsa.gov/about-health-center-program/impact-health-center-program

Maternity Housing Coalition This Christian organization tells you about nearest maternity housing. maternityhousing.com

Let Them Live, a pro-life organization, and their generous donors, will surround you with care and support, to help you carry the baby to term (and beyond). Their website conveys, “No mom should have to choose between paying her bills or her baby’s life.” LTL brings financial assistance to mothers in crisis pregnancies who would otherwise have an abortion. letthemlive.org
letthemlive.org/about (9 min. 32 sec.)

Lifeline Children’s Services helps women in unplanned pregnancies through pregnancy counseling. They help you explore your options with a goal of balance in what’s best for you and your child. LCS also provides education, assistance and opportunities to adopt (domestically and internationally), foster or sponsor a child, including those with special needs. lifelinechild.org

ABORTION – GENERAL INFORMATION

This Is Chemical Abortion explains how the abortion pill works and its impact on people and the environment. It harms humans, animals, and our drinking water. thisischemicalabortion.com

The State of Chemical Abortion: A Mechanism of Death January 2026 This Live Action Report provides a 68-page overview, divided by topic, of the history and current reality of chemical abortion.

liveaction.org/assets/1769045841-la26-the-state-of-chemical-abortion-01-20-26-updated-1.pdf

Fact Sheet: Risks & Complications of Chemical Abortion – A fact sheet available for immediate download from the Charlotte Lozier Institute outlining the risks of chemical, or medication, abortion. lozierinstitute.org/fact-sheet-risks-and-complications-of-chemical-abortion

Abortion Pill Scumbags – The Faces of Forced Abortion: Meet the People Who Took Advantage of the Proliferation of Abortion Pills to Trick, Force, or Coerce Women into Unwanted Abortions 40daysforlife.com/en/scumbags

5 Reasons to Ditch the Pill, an abortifacient, are provided in this 15-minute video and article. (jackieandbobby.com/2019/07/09/5-reasons-to-ditch-the-pill)

The Truth About Abortion & Women’s Health

usccb.org/resources/Women's%20Health%20Infographic.pdf

Survey: Women Go Silently from Church to Abortion Clinic

focusonthefamily.com/pro-life/abortion/survey-women-go-silently-from-church-to-abortion-clinic

Abortion Drug Facts – An in-depth report from the Charlotte Lozier Institute on the dangers and legal battles surrounding chemical, or medication, abortion. lozierinstitute.org/abortion-drug-facts

Fetal Demise – Article on the impact of the COVID vax on preborns.

<https://illinoisfamily.org/wp-content/uploads/2024/11/Fetal-Demise.pdf>

ClinicQuotes provides descriptions, diagrams, and pictures of a suction curettage abortion and a D&E abortion.

clinicquotes.com/an-abortion-doctor-describes-a-de

Abortion Techniques Abortion techniques in all three trimesters are sensitively explained by Carol Everett (former owner and operator of multiple abortion facilities) showing surgical tools and non-graphic medical illustrations. (Available on DVD from www.pro.life and online at heartbeatinternational.org/an-informed-look-a-new-tool-for-sharing-the-truth.)

Abortion Procedures: 1st, 2nd, and 3rd Trimesters - Dr. Anthony Levatino explains and illustrates four abortion techniques. (Enter title on youtube.com or go directly to youtu.be/CFZDhM5Gwhk.)

Fact Sheet: Science of Fetal Pain -- A fact sheet available for immediate download from the Charlotte Lozier Institute explaining the science behind fetal pain and that, in many instances, preborn children experience excruciating pain during abortion.

lozierinstitute.org/fact-sheet-science-of-fetal-pain

lozierinstitute.org/wp-content/uploads/2022/09/Science-of-Fetal-Pain-Fact-Sheet-Fall-2022.pdf

The Silent Scream: Now the Whole World Can See the Truth - DVD

- Film: Shows live ultrasound of an abortion at 12 weeks pregnancy.
- Choice Blues: Shows a live abortion procedure viewed from outside the body, followed by closer looks at aborted body parts from multiple abortions.
- The Answer: Jay Kelinson, MD, who performed the abortion in the ultrasound, is interviewed on the authenticity of the film.

[Available from [amazon.com](https://www.amazon.com). To view only the film, enter “The Silent Scream (Full Length)” on [youtube.com](https://www.youtube.com) or go directly to [youtube.com/watch?v=gON-8PP6zgQ](https://www.youtube.com/watch?v=gON-8PP6zgQ).]

Questions & Answers on Late-Term Abortion – A fact sheet available for immediate download from the Charlotte Lozier Institute detailing the facts behind abortions in the second and third trimesters that fly in the face of pro-abortion misinformation. lozierinstitute.org/questions-and-answers-on-late-term-abortion/

Pictures of Aborted Babies -- [wisconsinrighttolife.org/pictures-of-aborted-babies-view/](https://www.wisconsinrighttolife.org/pictures-of-aborted-babies-view/)

The Voice of John (103-minute DVD) is a documentary with a forensic view into the pro-life movement from 1973 to date. It shows the real truth regarding abortion and euthanasia from the perspective of those who know it best; the doctors, nurses, clergy, and politicians who are responsible for this ruling as well as those who oppose it. (Available from www.pro.life.)

Center Against Forced Abortions (CAFA) was created to provide educational resources to empower minor and adult women who are being forced, unduly pressured, or coerced into an unwanted abortion. Call (210) 614-7157 or email info@txjf.org for more information. thejusticefoundation.org/cafa
theunchoice.com provides information on forced and coerced abortion.

ABORTION FACILITIES

What World Is Planned Parenthood Building? is a three-part series on Planned Parenthood’s motives, strategy and impact on women and society on the whole.

- **Webinar 1: From Budgeting to DEI - How Planned Parenthood Operates** abortionworker.com/webinar-07-video-part-1
- **Webinar 2: Ok, Groomer! How Planned Parenthood Exploits the Community Around Them** abortionworker.com/webinar-07-video-part-2
- **Webinar 3: The Cult: How Planned Parenthood Manipulates to Tear Down Society** Go to abortionworker.com/webinar-07-video-part-3 to watch the webinar on October 26, 2025 @ 7 PM EST. (Note: The link will not be live until the time of the webinar.)

The Abortion Corporation: Planned Parenthood is the nation’s largest abortion chain, ending the lives of over 402,000 American children in 2024. This comprises about 40% of abortions nationally. liveaction.org/the-truth-about-planned-parenthood

Racism, Eugenics, and Hatred: The Truth Behind Planned Parenthood Founder Margaret Sanger – Video produced by the *700 Club* exposing the racist roots of America’s leading abortion provider, Planned Parenthood. Enter the title at [youtube.com](https://www.youtube.com) or go directly to [youtube.com/watch?v=bPY_Bsxvjgg](https://www.youtube.com/watch?v=bPY_Bsxvjgg).

Fact Sheet: Planned Parenthood’s 2023-24 Annual Report – The analysis of this annual report shows that the organization is about abortion and little else. lozierinstitute.org/fact-sheet-planned-parenthoods-2023-24-annual-report/

Investigations: Revealing the Horrors Hidden Within Abortion Clinics -- Live Action investigators go undercover to reveal the harsh reality behind the closed doors in the abortion industry. liveaction.org/investigations

ABORTION PILL (MIFEPRISTONE/RU-486) REVERSAL

Colf Medical Clinic: colfclinic.org/abortion-options/abortion-pill-rescue (description) The website and helpline are in English and Spanish.

Abortion Pill Reversal (abortionpillreversal.com) (helpline) 877 558-0333 (English and Spanish; other languages too via an interpreter)

Abortion Pill Reversal pamphlet (Available from pro.life.)

The PIONEER Of Abortion Pill Reversal - Dr. George Delgado In this 47-minute interview, Dr. Delgado explains how APR came to be developed and how it impacts the preborn and the mother. Over 5,000 babies have been saved. (Enter the title on youtube.com or go directly to liveaction.org/the-pioneer-of-abortion-pill-reversal-w-dr-george-delgado.) Dr. Delgado founded the **Steno Institute** to serve as the platform for broad pro-life research, including abortion pill reversal. stenoinstitute.org

POST-ABORTION HEALING

Into My Arms DVD is a healing tool for those who are experiencing post-abortion trauma. It also offers vital information for those considering abortion. (Available from visionvideo.com.)

Deeper Still is a ministry that offers free weekend retreats to women who have had abortions and the men who have fathered children lost to abortion. Deeper Still also provides virtual retreats, training, resources and referrals. godeeperstill.org (1 min. 6 sec. welcome) godeeperstill.org/about-us/testimonies.html - Emily Donels (2 min 20 sec)

Healing the Hurt that Won't Heal: Freedom for the Abortion-Wounded and Help for the Church They Fear by Karen Ellison, Deeper Still's founder. This book details how to start to find healing for those who have been wounded by abortion and how the Church must help. (It is available from DeeperStill.org and amazon.com.)

Healing Hidden Bruises: How to Recover from the Trauma of Domestic Abuse and Coerced Abortion by Arlene Lehmann (Available from barnesandnoble.com and amazon.com.)

Surrendering the Secret (STS) is a post-abortion recovery outreach; a speaking and training ministry; an adoption agency and an abstinence education program. surrenderingthesecret.com/find-help

Silent No More Awareness is a campaign whereby Christians make the public aware of the devastation abortion brings to women and men. The campaign seeks to expose and heal the secrecy and silence surrounding the emotional and physical pain of abortion. SilentNoMoreAwareness.org

Ramah International is a post-abortion ministry. This article discusses the impact of abortion on post-abortive parents, grandparents and siblings; siblings of the post-abortive woman; and individuals who participated in the abortion decision. ramahinternational.org/who-is-affected-by-abortion

Support After Abortion works with over 800+ agencies to individualize the care that a person impacted by abortion receives to find the hope and healing they deserve. hopeafterabortion.com

Not Forgotten Ministries is a Christ-centered ministry (in English and Spanish) devoted to ending abortion, helping mothers who have experienced abortion find healing, mentoring mothers who choose life, and offering a place for preborn babies to be honored. Online Bible study small groups, weekend healing retreats and one-on-one support are provided free of charge. Materials for fathers also are being developed. theyarenotforgotten.com

HOW CHURCHES CAN PROVIDE SUPPORT

Embrace Grace is an organization that has the curriculum, tools, and team ready to help your church lead support groups for the single moms and dads in your community! embracegrace.com

Houses of Refuge are churches that declare quarterly from the pulpit to be a safe place for those facing unplanned pregnancies or who have experienced the trauma of abortion, to receive the help they need without any shame or condemnation. Love Life is a quick-start, Zoom-based training for the church on how to reach out to both mom and dad and bring them into their church family. It begins by hosting a huge baby shower. care-net.org/churches-blog/when-houses-of-worship-becoming-houses-of-refuge

The Harbaugh Pledge was made by an individual couple, to adopt children in unexpected pregnancies, but this model could be relevant to a church. illinoisfamily.org/life/the-harbaugh-pledge

The Abortion Wounded Church: Developing a Culture of Healing for the Abortion Wounded by Karen Ellison seeks to equip and empower pastors and church leaders to confidently and effectively help women and men in their churches who are silently suffering with the wounds of abortion. This is chapter seven in the book **Healing the Hurt that Won't Heal: Freedom for the Abortion-Wounded and Help for the Church They Fear** by the same author. (Both are available from DeeperStill.org and amazon.com.)

Lead with Love: A Revolutionary Approach to the Pro-Life Conversation by Someone Who Has Overcome Abortion by Tori Shaw. This book is designed to share respectful and loving techniques for communicating with someone who has an abortion in their past, ministering to someone considering abortion, as well as discussing the topic of abortion in general. (Available from theyarenotforgotten.com and amazon.com.)

ADOPTION

Christian Life Resources provides an article that describes and gives examples of open adoption. christianliferesources.com/2018/05/04/open-adoption

Adoption Finder is a Christ-centered nonprofit helping expecting moms, adoptive families, and foster youth with support, resources, and education. adoptionmap.com

Brave Love is a pro-adoption movement dedicated to changing the perception of adoption by acknowledging birth moms for their brave decision. Resources are provided to help expectant moms, connect birth moms and equip professionals. bravelove.org

Lifeline Children's Services helps women in unplanned pregnancies through pregnancy counseling. They help you explore your options with a goal of balance in what's best for you and your child. LCS also provides education, assistance and opportunities to adopt (domestically and internationally), foster or sponsor a child, including those with special needs. lifelinechild.org

adoptedandloved.com/wp-content/uploads/2023/07/ADOPTION-MYTHBUSTERS-2023-v1.pdf Fact sheet.
adoptedandloved.com Turn the unplanned into a loving plan with adoption.

Snowflakes Embryo Adoption Program, A Division of Nightlight Christian Adoptions

The focus of Snowflakes is to reach out to those post-infertility patients who have been successful in conceiving and giving birth to children through in-vitro fertilization and are now confronted with the decision of planning the future for their frozen embryos. nightlight.org Click Adoption Programs. Click Snowflakes Embryo Adoption.

PRO-LIFE APOLOGETICS – BOOKS, VIDEOS, AND WEBSITES

"Apologetics" does not imply you are apologizing for something. It means you are studying a topic in such a way that you can defend it articulately, effectively and, most of all, accurately.

Speaking for the Unborn: 30-Second Pro-Life Rebuttals to Pro-Choice Arguments by Steven A. Christie, M.D., J.D. This comprehensive book is systematically laid out with clear and concise rebuttals that include their sources. This book, a four-part video tutorial and downloadable videos and photos can be accessed at SpeakingForTheUnborn.com.

Abortion Dialog Academy Executive Director and Co-Founder Katherine Burow teaches pro-life apologetics. One out of five or six people who are pro-choice or undecided become pro-life through this dialog. A 30-minute overview is available at vimeo.com/1115263216/8402e9d998. A sample workbook page to accompany the video is available at abortiondialogueacademy.org/wp-content/uploads/2025/09/Workbook-Page-Church-Presentation.pdf
Contact them at info@abortiondialogueacademy.org for ongoing tips and instruction.

What to Say When: The Complete New Guide to Discussing Abortion by Shawn D. Carney and Steve Karlen. This book is a clear, practical guide and resource to present pro-life views in a reasoned, sensible manner.

What to Say When 2 – Your Proven Guide in the New Abortion Landscape: How to Discuss, Clarify, and Question Abortion in a Hostile Culture by Shawn D. Carney and Steve Karlen.

(Both books and the first book in Spanish are available from 40daysforlifegear.com. Both books are available at amazon.com.)

The 1916 Project is a documentary by Seth Gruber that exposes the hidden history (especially that of Margaret Sanger and Planned Parenthood) of the secular moral revolution, and the architects of our current culture of death. Watch the trailer at www.the1916project.com. The book, DVD, Blu-Ray, and 6-part curriculum for church study can be purchased at the same site.

The Case for Life: Equipping Christians to Engage the Culture, 2nd Edition (book) Scott Klusendorf shows how to effectively make a case for the unborn. (Available from christianbook.com, barnesandnoble.com, and amazon.com.)

Recall Abortion: Ending the Abortion Industry's Exploitation of Women Author Janet Morana exposes the myriad ways abortion exploits women, calls for a national recall, documents the way abortion risks and degrades women's health and exposes the false promises and lies by which it is pushed and sold. Morana also investigates abortion's debilitating after-effects, and gives a voice to those women who have chosen abortion and have regretted it. (Available from amazon.com.)

Life Is Best Thirteen fast-paced episodes (Scott Klusendorf, narrator) on two DVDs equip viewers to defend the pro-life position and bring the healing power of the Gospel to lives that have been devastated through abortion. (Available from answersingenesis.org/store/product/life-best.)

Calum Miller, ethicist, philosopher, and doctor, provides an extensive amount of information about pregnancy and abortion and its impact in a clear, well-organized fashion that includes a thorough Q&A and videos. calumsblog.com

ALSO: The **Fearfully and Wonderfully Made** exhibit at the Creation Museum in Petersburg, KY, is the largest pro-life exhibit in the US: creationmuseum.org/fearfully-wonderfully-made.

IMPACT OF ABORTION ON MOTHERS AND OTHERS

Live Action - Through compelling educational media, human interest storytelling, and investigative reporting, Live Action reveals the humanity of the preborn and exposes the abortion industry exploiting women for profit. Click various links. liveaction.com

Abortion and Race -- abort73.com/abortion/abortion_and_race

AfterAbortion.org - David C. Reardon, Ph.D., is widely recognized as one of the leading experts on the aftereffects of pregnancy loss on women. His website gives information on abortion risks, complications, research, abortion recovery, and educational materials. afterabortion.org

AbortionFacts.com – 20 facts about abortion, each one with a detailed article. abortionfacts.com

abortioninjury.com stands with women who have been harmed by abortion. Women can suffer lasting injuries—physical, emotional, and psychological—every day due to careless providers and unsafe practices. Others are pressured, manipulated, or outright forced into abortions they never wanted. Whether you experienced severe bleeding, infection, infertility, or emotional trauma, or if you were coerced or assaulted, you deserve answers and justice. This legal team is dedicated to helping women and families pursue accountability and secure the compensation they need to heal and move forward.

Hush is a documentary on the effects of abortion on women's health. This was put together by a pro-choice director (who narrates the film) and a pro-life executive. (DVD is available from visionvideo.com. It includes the 101-minute version and a 20-minute condensed version. The 101-minute version of **Hush** is also available On Demand, Prime Video and when doing a search for "Hush documentary on abortion." Look for the Statue of Liberty.)

A remake of the documentary **Hush**, with the title **If Truth Be Known** is being produced by Mighty Motion Pictures. It includes up-to-date scientific studies and information about health risks to women in terms of abortion including breast cancer, premature births, and psychological problems as well as the now prominent health risks associated with the pill(s) that account for approximately 60% of abortions in the United States. For further information, contact mightymotionpictures@gmail.com.

“The Hollow Men”: Male Grief & Trauma Following Abortion uscgb.org/prolife/programs/rlp/rue.pdf

Shockwaves: Abortion’s Wider Circle of Victims – This book by Janet Morana details the devastating effects of abortion through in-depth, first-person accounts of mothers, fathers, grandparents, siblings, doctors, and clinic workers who are impacted by the loss of a child to abortion. (Available at christianbook.com)

THE “HARD” CASES – RAPE, DOWN SYNDROME, ABNORMAL AND TERMINAL FETAL DIAGNOSES

Live Action - In three studies, the majority of women chose life. The majority of them chose to raise their children. Reasons are given why these women chose life. liveaction.org/news/studies-pregnant-rape-choose-life

Victims and Victors: Speaking Out About Their Pregnancies, Abortions, and Children Resulting from Sexual Assault edited by David C. Reardon, Ph.D.; Julie Makimma, and Amy Sobie – This book provides studies, personal testimonies, a sample interview with a reporter and much more. (Available at Amazon.com.)

liveaction.org Face to Face video series:

- **Conceived in Rape & Raped and Chose Life**
- **Rape Victims & Children of Rape**

Rape Survivor Chooses Life for Son (7 min. interview)

(Enter title on youtube.com or go directly to youtube.com/watch?v=5d6KCx2qSFw.)

Ryan Bomberger: “I am the 1% used to justify 100% of abortions.” (4 min. 9 sec.) Founder of Radiance Foundation, affirms that every human life has God-given purpose. (Enter title on youtube.com or go directly to youtube.com/watch?v=Foj5pysu-q5.)

Sanctity of Life: No Exceptions (article) illinoisfamily.org/wp-content/uploads/2023/03/IFI_Sanctity-of-Life_printable.pdf

Conceived in Rape and Other Exceptions youtube.com/watch?v=IrYOj3iwskk&t=3079s

The **Rape Survivor Child Custody Act** was passed in 2015.

<https://uscode.house.gov/view.xhtml?path=/prelim@title34/subtitle2&edition=prelim>

Save The 1 is an organization of persons who were conceived in rape, mothers who became pregnant by rape, and those with a poor in utero diagnosis -- all of the so-called "hard cases" in the abortion debate. We are pro-life speakers, writers, authors, and activists who put faces, voices and stories to this issue. We seek to ensure that all are protected by law and that none are stigmatized, demonized, marginalized, and discriminated. savethe1.com

Frank Stephens, Disability Advocate and Ambassador for the Global Down Syndrome Foundation, has Down Syndrome.

- **Frank Stephens will change how you see Down Syndrome: Voices for the Voiceless** (2 min. 55 sec.)
Stephens stated his life is worth living. (Enter title on youtube.com or go directly to youtube.com/watch?v=uQNW9x7Z08Y)

National Down Syndrome Adoption Network’s mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family. Their program is a “connection point” between expectant/birth families, and adoptive families. They have a registry of families who are home study-ready to adopt, and feel called to adopt a child with Down syndrome. ndsansan.org

Perinatal Hospice and Palliative Care

Perinatalhospice.org is a clearinghouse of information about perinatal (around the time of birth) hospice & palliative care, including many resources for parents and caregivers as well as an international list of more than 300 programs. Perinatal hospice and palliative care supports parents who choose to continue their pregnancies following a prenatal diagnosis indicating that their baby has a life-limiting condition and might die before or shortly after birth. perinatalhospice.org
liveaction.org/news/life-mother-exceptions-abortion-unnecessary?queryID=c50e05d90885df70bd811babf240123f

LIFE OF THE MOTHER

liveaction.org Face to Face video series:

- **Abortion Survivors & Abortion Providers** (46 min. 29 sec. through 47 min. 51 sec.)

The Choice: The Abortion Divide in America (Chapter 16) by Danielle D'Souza Gill (available on Amazon.com)

Why 'Life of the Mother' Exceptions for Abortion Are Unnecessary This article and video explain the reasoning.

liveaction.org/news/life-mother-exceptions-abortion-unnecessary?queryID=c50e05d90885df70bd811babf240123f

Pro-Life Laws Protect Mom and Baby: Pregnant Women's Lives are Protected in All States - lozierinstitute.org/pro-life-laws-protect-mom-and-baby-pregnant-womens-lives-are-protected-in-all-states

IVF

liveaction.org Face to Face video series:

- **IVF Children and Ex-IVF Doctors**
- **IVF Doctors and Parents Who Conceived Using IVF Share Their Regrets**

The Grim Truth About IVF w/Dr Lauren Rubal | Lila Rose Podcast E146 youtube.com/watch?v=s-Qnzn99xEU

Interview with Kallie Fell, Executive Director of The Center for Bio Ethics and Culture (gives lists of adverse effects of IVF for egg donors, surrogates, and children) Back to the People Podcast – Nicole Shanahan

x.com/nicoleshanahan/status/1895163417926799758?s=42

Why Catholics Must Say "Yes" to Life But "No" to IVF | Anna V. Jace Anna explains the risks of IVF and the benefits of alternative treatments that get to the root cause of infertility. (Enter title on youtube.com or go directly to youtube.com/watch?v=aG-obrfyu0M.)

IVF ALTERNATIVES: GOOD MEDICINE

NaPro (Natural Procreative) Technology is a type of Restorative Reproductive Medicine (RRM). RRM seeks to identify and heal the root causes of what is affecting fertility. REI = Reproductive Endocrinology and Infertility, a medical specialty focused on diagnosing and treating fertility issues and hormonal disorders related to reproduction. The specialists are called reproductive endocrinologists.

Fertility Care Centers of America NaProTECHNOLOGY® utilizes the CREIGHTON MODEL FertilityCare System (CrMS) as the foundation to help diagnose and treat women's reproductive disorders. CrMS is a true method of family planning that respects the inherent processes of the body rather than suppressing them. fertilitycare.org

To find a fertility care center near you, go to fertilitycare.org/wp-content/uploads/2026/01/CFCMC-Collaborating-MC-list-for-website-Updated-Jan-24-2026-1.pdf

Infertility Treatment More Successful Than IVF | NaPro Dr. Gavin Puthoff, MD (Enter title on youtube.com or go directly to youtube.com/watch?v=LO_2WRJqvjw.)

NaPro Dr. Gavin Puthoff (Founder and Director of Veritas Fertility and Surgery) specializes in treating infertility, endometriosis, PCOS (polycystic ovary syndrome), recurrent miscarriage and advanced reproductive surgery. veritasfertility.com

RESOURCES FOR CHILDREN AND TEENS

I'm a baby! Watch Me Grow by Live Action is a board book for young children. The story follows Olivia's journey as she grows and develops before birth! Through gentle rhyme and beautiful illustrations, children will discover the wonder of human life in the womb. **I'm a baby!** helps children discover the miracle of life and reminds us that every human being is precious beyond measure. shop.liveaction.org/products/baby-olivia-board-book To see this book read in a video, enter the title at www.youtube.com or go directly to youtube.com/watch?v=WIW45PbdZh0.

Crafted by God: From Fertilization to Birth by Dr. Georgia Purdom and Stacia McKeever. This book for children ages 7 and up explores the biblical teaching that every human life has value. Full-color images and interactive pages reveal the wonder of God as Creator and the scientific genius behind His creative process. (Available from answersingenesis.org.)

Before You Were Born: A Video Journal of Growth in the Womb is an award-winning (31-minute) prenatal science documentary for children. It is also available in Spanish. Mandarin Chinese and Hindi versions are currently in production. These videos, coloring books, puzzles, and curricular content can be found by scrolling down slightly on the home page of erf.science. Coloring can be done via phone, tablet, computer or physical pages that can be printed.

PRO-LIFE KIDS! by Bethany Bomberger reinforces the value of every human life, in and out of the womb. It's a tool that includes helpful resources that can be used by anyone who is looking to share an age-appropriate pro-life worldview to children. Author Bethany Bomberger reads her book to children: prolifekids.com. This book is also available at theradiancefoundation.org as part of a five-lesson curriculum for elementary age children with extension activities allowing teachers and parents to use this as a resource through middle school.)

God Made Me Unique: Helping Children See Value in Every Person by Joni and Friends. This book shows children that God creates every person in his image and each individual has tremendous value, regardless of his or her appearance or abilities. This colorful, fully-illustrated children's picture book will help eliminate fear and misconceptions about those who have special needs and emphasizes that every person deserves to be treated with kindness and respect. A useful tool for parents, grandparents, teachers and caregivers. (Available at joniandfriends.org, christianbook.com and amazon.com..)

"10 Ways to Keep Your Kids Pro-Life" will help protect your loved ones from pro-abortion indoctrination: prolifeamerica.org/guide/?src=radio&msgid=240903poso&v=poso

Previews of upcoming children's books by Abortion Survivors Network (abortionsurvivors.org)

- **Always You** flipsnack.com/7BFCD6ED75E/775x775-a-different-story-always-you-gxkiai-pdf-1
- **Always Us** flipsnack.com/7BFCD6ED75E/always-us

The **"Success Sequence"** is a proven formula to help young adults succeed in America. The latest research shows that 97% of millennials who follow all three steps including abstinence until marriage were not poor as adults. ifstudies.org/success-sequence

Excel is a biblical study to help teens pursue God's plan for life, marriage, and family. It is based on the Joseph narrative in Genesis. Online learning, videos, and a leader's guide are available to supplement the workbook. preparetoexcel.com

Ryan T. Anderson - 2 Ways Marriage Protects Unborn Babies. 36 seconds (Enter title on youtube.com or go directly to youtube.com/shorts/IN_9LtV5tww.)

DEMONSTRATING THE HUMANITY OF THE PREBORN BABY

Fearfully & Wonderfully Made Book (Available from answersingenesis.org.) illustrates the miracle of human life and that every baby is made in the image of God from the moment of fertilization. It includes a 41.5" foldout timeline of The Journey of Life Before Birth.

Fearfully & Wonderfully Made Video Download (Available from answersingenesis.org.) Dr. Menton explains the development of an infant from the embryo to birth. Explore the amazing sequence of fertilization, implantation, development of the placenta, and finally the birth process itself.

Fearfully & Wonderfully Made (12) 3D lenticular mini-poster images are no longer available online, but might be available through Aaron Ellis at the Answers in Genesis Supply Chain: 859 721-6800.

BabyCenter provides a week-by-week guide to pregnancy with pictures, detailed information and videos addressing the baby's development and the impact on the mother. Additional topic categories are community (posts on popular topics) getting pregnant, baby, toddler, child, child's health, and baby products. babycenter.com/pregnancy/week-by-week

Lapel Pins and Touch of Life Fetal Models

- 10-week Precious Feet lapel pins
- 10-12-week Precious Hands lapel pins
- First Trimester (7, 8, 9, and 10-week) fetal model kit, carrying case, white, of color, and black ethnicities with English or Spanish info cards
- Main Set (12, 16, 22 and 26-week) fetal model kit, carrying case, white, brown and black ethnicities and English or Spanish information sheets
- 8, 10, and 12-week fetal models in white and black ethnicities
- 12-week fetal models in blankets in white and black ethnicities

(Available from pro.life.)

Education Resource Fund provides material on the preborn: videos, pictures, pregnancy tracker, curricular content, coloring pages, puzzles, word searches, etc. Of special note are the award-winning 49-minute video The Science of Life Before Birth and its 9 and 28-minute condensed versions **See Baby Grow** (9 and 28 minutes), all in English and Spanish. erf.science

Meet Baby Olivia is a 3-minute animation of a baby from conception to birth.

babyolivia.com (It is also available on DVD at liveaction.org.) and windowtothewomb.app.

Meet Baby Oliver is a 5-minute animation that takes viewers inside the details of the first days and weeks of a newly-conceived human being's life. liveaction.org/news/baby-oliver-scientific-journey-lifes-first-days

Your Unborn Baby's Secret World (16-minute DVD) A window into the womb is achieved via ultrasound and fiber optics. (Available from www.pro.life in English and Spanish.)

NATIONAL PRO-LIFE ORGANIZATIONS

I encourage you to visit the websites of these organizations, learn about their work, and sign up for their emails.

Live Action, headed by Lila Rose, provides an extensive amount of cutting-edge information in an easy-to-understand format in written and video formats. liveaction.org

Life Training Institute empowers others with the knowledge and conviction necessary to make a case for life that changes hearts and minds. prolifetraining.com

Susan B. Anthony Pro-Life America exists to end abortion and the destruction of unborn human life. sbaprolife.org

Charlotte Lozier Institute is America's #1 source for science, data, and medical research on the value of human life. lozierinstitute.org

Students for Life of America exists to recruit, train and mobilize the pro-life generation to abolish abortion. studentsforlife.org

40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. 40daysforlife.com

Alliance Defending Freedom (ADF) is a world leader in defending religious freedom, free speech, the sanctity of life, parental rights, and God's design for marriage and family. adflegal.org

American Center for Law and Justice (ACLJ) focuses on constitutional and human rights law worldwide. Based in Washington, D.C., with affiliated offices in Israel, Russia, France, Pakistan, and Zimbabwe, the **ACLJ** is pro-life and dedicated to the ideal that religious freedom and freedom of speech are inalienable, God-given rights for all people. aclj.org There is a pro-life tab in the top left corner.

Thomas More Society (TMS) has steadfastly preserved the rich heritage of American liberty. Their distinguished track record showcases an unwavering commitment to defending your fundamental rights to life, family and freedom. thomasmoresociety.org

Leadership Institute is a nonprofit organization that trains and mentors conservatives to lead in politics, media, education, and more. It provides online and in-person pro-life training. leadershipinstitute.org

Additional pro-life organizations:

- **National Right to Life** (nrlc.org)
- **Heartbeat International** (heartbeatinternational.org)
- **Save the Storks** (savethestorks.com)
- **Human Coalition** (humancoalition.org)
- **Pro-Life Action League** (prolifeaction.org)
- **Focus on the Family** (focusonthefamily.com) and Daily Citizen (dailycitizen.focusonthefamily.com)
- **Family Research Council** (frc.org) and Family Research Council Action (frcaction.org)
- **Sidewalk Advocates for Life** (sidewalkadvocates.org)
- **The Center for Client Safety** (centerforclientsafety.org)

STATE PRO-LIFE ORGANIZATIONS

Illinois Right to Life is the state's oldest and largest single-issue pro-life organization. It works to educate Illinoisans on the reality of abortion, Illinois abortion law, and abortion alternatives. It also is the home of Project Love which, working with pregnancy resource centers, has awarded over \$500,000 in emergency grants to pregnant mothers considering abortion because of financial hardship. illinoisrighttolife.org

Illinois Right to Life Action is the political arm of Illinois Right to Life which lobbies against pro-abortion legislation and educates voters about candidates for state and federal political office. illinoisrighttolifeaction.org

Illinois Family Institute (IFI) is a ministry dedicated to upholding and re-affirming marriage, family, life and liberty in Illinois. IFI works to advance public policy initiatives consistent with Judeo-Christian teachings and traditions, educating citizens so that they can better influence their local communities and the state. IFI does not participate in, or intervene in any political campaign on behalf of any candidate for public office. illinoisfamily.org

Illinois Family Action (IFA), the legislative action arm of Illinois Family Institute, promotes the common good and general welfare, primarily by means of education, including direct and grassroots lobbying. IFA works to advance public policies to

protect the sanctity of human life, Christian marriage and the natural family, and other initiatives which are consistent with principles of good government. illinoisfamilyaction.org

ABORTION SURVIVORS

Abortion Survivors Network: More Than a “Choice”

abortionssurvivors.org Their mission is to create a world where the incidence of failed abortions and the lives of survivors is openly discussed and accepted, and survivors and their families are supported and healed.

drive.google.com/file/d/1cKfNP0xN-9YDFcEmZxI28m6UOfy_QQLV/view?usp=drive_link Q&A on Born-Alive Abortion Survivors

qrco.de/bcQaDI contains (4 min. 42 sec.) summary by Melissa Ohden and articles about why ASN exists, what they do, and the circumstances, needs, and the meeting of those needs for abortion survivors and others impacted by failed abortions.

qrco.de/bcMqYU contains YouTube videos featuring the ASN website, information about the trauma issues, and abortion survivors, including Melissa Ohden, who interviews her birthmother.

abortionssurvivors.org/babiessurviveabortions/ provides statistics, testimonies, and speaker opportunities.

Statistics of Babies Born Alive After Abortion:

[docs.google.com/document/d/1-B6xuyxtT-](https://docs.google.com/document/d/1-B6xuyxtT-Kuw0TLnGcT0K0enIuvnsH/edit?usp=sharing&oid=102387695359981468141&rtpof=true&sd=true)

[Kuw0TLnGcT0K0enIuvnsH/edit?usp=sharing&oid=102387695359981468141&rtpof=true&sd=true](https://docs.google.com/document/d/1-B6xuyxtT-Kuw0TLnGcT0K0enIuvnsH/edit?usp=sharing&oid=102387695359981468141&rtpof=true&sd=true)

Abortion Survivor Meets Her Birth Mother

Melissa Ohden describes her journey from learning she was an abortion survivor to meeting her mother. (4 min. 38 sec.)

(Enter title at youtube.com or go directly to youtube.com/watch?v=WyDdjsZut8Y.)

liveaction.org Face to Face video series:

- **Abortion Providers & Abortion Survivors**
- **Abortion Regrets & Abortion Survivors**

ABORTION WORKERS BECOME PRO-LIFE AND LEAVE THEIR CLINICS

Unplanned – Planned Parenthood Director Abby Johnson becomes pro-life after witnessing an abortion. (Movie available online by searching for “unplanned movie online free.” Available on DVD from answersingenesis.org and visionvideo.com. Available on DVD and Blu-ray and in book form from christianbook.com. Also available on youtube.com as **Unplanned 2019 720p BluRay** and on Prime Video.)

Unthinkable (a sequel to Unplanned) is a groundbreaking 90-minute documentary by Abby Johnson featuring former abortion workers is a shocking exposé of the abortion industry’s dirtiest secrets. The film is anticipated to be released to theatres in 2026 and subsequently on DVD. Learn more and watch the teaser at unthinkabledoc.com.

mightymotionpictures.com/images/Unthinkable_OneSheetBack.pdf

Former Abortionist’s Remarkable Conversion Story - Dr. Anthony Levatino (5 min. 27 sec.)

(Enter title on youtube.com or go directly to youtube.com/watch?v=NGpTbamcvaM.)

The Walls Are Talking: Former Abortion Clinic Workers Tell Their Stories compiled by Abby Johnson with Kristin Detrow is available as a book from store.focusonthefamily.com, amazon.com, and barnesandnoble.com.

And Then There Were None is a registered nonprofit organization, founded by Abby Johnson, that exists to help people in the abortion industry leave their jobs and rediscover the peace and joy they’ve been missing. abortionworker.com

MISCELLANEOUS RESOURCES

Everylife.com is a pro-life company with a simple mission: to provide premium products for every baby. This is a good alternative to well-known brands that support Planned Parenthood and/or pay for their employees to travel for out-of-state abortion procedures.

It's OK is a 4 min. 39 sec. animated video of experiments being performed on near-term alive aborted babies, without anesthetic, to create vaccines. choice42.com/its-ok

IL Baby Safe Haven Law: An unharmed newborn, up to 30 days old, may be handed to staff at any hospital or emergency medical center, police station or firehouse, college/university police station or IL State Police district headquarters. No questions asked and no fear of prosecution. No names, shame or blame. Upon delivering the newborn, information on resources will be given, many times resulting in the newborn not actually being left.

saveabandonedbabies.org/wp-content/uploads/2019/08/08-2019-SafeHavenCurriculum.pdf

Angel Gowns converts donated wedding dresses into baby burial garments. These gowns are donated across the US to hospitals, funeral homes, other non-profits, and to individual families grieving the loss of a baby to miscarriage, stillbirth or other infant death. angelgowns.us

ONGOING AND UPCOMING RELEASES

Face to Face by Live Action. For the first time, abortion survivors, former abortion providers, and women experiencing abortion regret come face to face. Join Lila Rose for an emotional and thought-provoking conversation that brings together powerful stories from all sides of the abortion tragedy. Go to liveaction.org. Under videos, click Face to Face Series.

Fathers is an unprecedented documentary that explores the legal, political, social, and moral involvement of men with abortion. A description of the film is available at mightymotionpictures.com/images/Fathers!%20One%20Sheet_Mar%202022.pdf. For further information, contact mightymotionpictures@gmail.com.

This resource list is periodically updated and can be downloaded at EquippedForLife.net. Click "The Resource List."

