**HOW TO BE PRO-LIFE IN TODAY’S CULTURE:**

**DIVERSE PRO-LIFE RESOURCES**

7-28-25

**PREGNANCY RESOURCE CENTERS AND OTHER PREGNANCY SUPPORT**

*If you are approached about an unplanned pregnancy, your best option is to ALWAYS direct women to a pregnancy resource center or pregnancy support organization. Not just for women facing financial hardship, these centers and organizations will provide women with the information and emotional support they need.*

**Southside Pregnancy Center** (at 3759 W. 95th Street in Evergreen Park, IL) offers a variety of free resources for women and men during and after pregnancy and post-abortion.  SPC also has church partnerships to meet the needs of these individuals. To connect to SPC, call 708 229-0092 or go to[southsidewomensservices.com](https://southsidewomensservices.com/).   To volunteer call 708 346-9070 or go to [beavoiceforlife.org](http://www.beavoiceforlife.org/) and click Get Involved.  To schedule or attend **Equipped!** educational pro-life presentations for children, junior and senior high schoolers and adults, in partnership with Illinois Family Institute, call 708 781-9328 (IFI) or go to [EquippedForLife.net](http://www.EquippedForLife.net), which also has a link to this list of resources.

**The Life House** in Chicago provides a place for mothers to welcome unexpected babies with open arms via pregnancy care, family care and transitional care. It also aims to become the first maternity home to provide support for South Side pregnant women and their families. They aim to provide for all unmet needs, preparing families for a revitalized future. [southsidelifehouse.org](https://www.southsidelifehouse.org/)

**ProLove Ministries**’ umbrella involves life-affirming projects and organizations collaborating together and bringing unity to the pro-life movement! ProLove Ministries identifies blind spots in the pro-life movement and connects resources, so that anyone facing problems or crisis situations regardless of stage of development, race, age, gender, or ability will have a network of solutions that help instead of harm. [proloveministries.org](http://www.proloveministries.org)

**LoveLine**’s goal is to connect with you and actively listen to hear your needs. If it is determined that your situation requires case management, they will commit to care for you and follow through to ensure your most critical needs are met first upon completion of intake. They provide ongoing support in your own community through loving volunteers and organizations that they have a relationship with. [loveline.com](http://www.loveline.com)

**Option Line** offers pregnancy and post abortion help online: [optionline.org](http://www.optionline.org) Call or text 800 712-4357.

**Care Net** pregnancy centers provide accurate & helpful information in a compassionate environment, to empower life-affirming choices that change lives. [care-net.org](https://www.care-net.org) Call 703 554-8734.

**Caring Network of Illinois**Glorifying Jesus Christ, we seek to eliminate the suffering from and desire for abortion in the State of Illinois.[caringnetwork.com](http://www.caringnetwork.com) 630-493-1340

[**StandingWithYou.org**](https://www.standingwithyou.org/)is a database of pregnancy and parenting resources across the country. It includes information on your rights in school and the workplace and about forced or coerced abortion (which is illegal).

**Let Them Live**, a pro-life organization, and their generous donors, will surround you with care and support, to help you carry the baby to term (and beyond). Their website conveys, “No mom should have to choose between paying her bills or her baby’s life.” LTL brings financial assistance to mothers in crisis pregnancies. [letthemlive.org](http://www.letthemlive.org) [letthemlive.org/about](https://letthemlive.org/about/) (9 min. 32 sec.)

**Lifeline Children’s Services** helps women in unplanned pregnancies through pregnancy counseling. They help you explore your options with a goal of balance in what’s best for you and your child. LCS also provides education, assistance and opportunities to adopt (domestically and internationally), foster or sponsor a child, including those with special needs. [lifelinechild.org](http://www.lifelinechild.org)

**ABORTION – GENERAL INFORMATION**

# The Truth About Abortion & Women’s Health

# [usccb.org/resources/Women's%20Healt%20Infographic.pdf](https://www.usccb.org/resources/Women's%20Healt%20Infographic.pdf)

# Survey: Women Go Silently from Church to Abortion Clinic

# [focusonthefamily.com/pro-life/abortion/survey-women-go-silently-from-church-to-abortion-clinic](https://www.focusonthefamily.com/pro-life/abortion/survey-women-go-silently-from-church-to-abortion-clinic/)

**Fact Sheet: Risks & Complications of Chemical Abortion –** A fact sheet available for immediate download from the Charlotte Lozier Institute outlining the risks of chemical, or medication, abortion. [lozierinstitute.org/fact-sheet-risks-and-complications-of-chemical-abortion](https://lozierinstitute.org/fact-sheet-risks-and-complications-of-chemical-abortion/)

**Abortion Drug Facts –** An in-depth report from the Charlotte Lozier Institute on the dangers and legal battles surrounding chemical, or medication, abortion. [lozierinstitute.org/abortion-drug-facts](https://lozierinstitute.org/abortion-drug-facts/)

**Fetal Demise** – Article on the impact of the COVID vax on preborns.

<https://illinoisfamily.org/wp-content/uploads/2024/11/Fetal-Demise.pdf>

**ClinicQuotes** provides descriptions, diagrams, and pictures of a suction curettage abortion and a D&E abortion.

[clinicquotes.com/an-abortion-doctor-describes-a-de](https://clinicquotes.com/an-abortion-doctor-describes-a-de/)

**Abortion Techniques** Abortion techniques in all three trimesters are sensitively explained by Carol Everett (former owner and operator of multiple abortion facilities) showing surgical tools and non-graphic medical illustrations. (Available on DVD from www.pro.life and online at [heartbeatinternational.org/an-informed-look-a-new-tool-for-sharing-the-truth](https://www.heartbeatinternational.org/an-informed-look-a-new-tool-for-sharing-the-truth).)

# Abortion Procedures: 1st, 2nd, and 3rd Trimesters - Dr. Anthony Levatino explains and illustrates four abortion techniques. (Enter title on [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com) or go directly to [youtu.be/CFZDhM5Gwhk](https://youtu.be/CFZDhM5Gwhk).)

**Fact Sheet: Science of Fetal Pain --** A fact sheet available for immediate download from the Charlotte Lozier Institute explaining the science behind fetal pain and that, in many instances, preborn children experience excruciating pain during abortion. [lozierinstitute.org/fact-sheet-science-of-fetal-pain](https://lozierinstitute.org/fact-sheet-science-of-fetal-pain/)

[lozierinstitute.org/wp-content/uploads/2022/09/Science-of-Fetal-Pain-Fact-Sheet-Fall-2022.pdf](https://lozierinstitute.org/wp-content/uploads/2022/09/Science-of-Fetal-Pain-Fact-Sheet-Fall-2022.pdf)

**The Silent Scream: Now the Whole World Can See the Truth** - DVD

* Film: Shows live ultrasound of an abortion at 12 weeks pregnancy.
* Choice Blues: Shows a live abortion procedure viewed from outside the body, followed by closer looks at aborted body parts from multiple abortions.
* The Answer: Jay Kelinson, MD, who performed the abortion in the ultrasound, is interviewed on the authenticity of the film.

[Available from [amazon.com](http://amazon.com). An online version of only the film is available at [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com). Enter “The Silent Scream (Full Length)” or go directly to [youtube.com/watch?v=gON-8PP6zgQ](https://www.youtube.com/watch?v=gON-8PP6zgQ).]

**Racism, Eugenics, and Hatred: The Truth Behind Planned Parenthood Founder Margaret Sanger** – Video produced by the *700 Club* exposing the racist roots of America’s leading abortion provider, Planned Parenthood. Enter the title at [youtube.com](http://www.youtube.com) or go directly to [youtube.com/watch?v=bPY\_Bsxvjqg](https://www.youtube.com/watch?v=bPY_Bsxvjqg).

**Fact Sheet: Planned Parenthood’s 2023-24 Annual Report** – The analysis of this annual report shows that the organization is about abortion and little else. [lozierinstitute.org/fact-sheet-planned-parenthoods-2023-24-annual-report/](https://lozierinstitute.org/fact-sheet-planned-parenthoods-2021-22-annual-report/)

**Questions & Answers on Late-Term Abortion** – A fact sheet available for immediate download from the Charlotte Lozier Institute detailing the facts behind abortions in the second and third trimesters that fly in the face of pro-abortion misinformation.

[lozierinstitute.org/questions-and-answers-on-late-term-abortion/](https://lozierinstitute.org/questions-and-answers-on-late-term-abortion/)

**Pictures of Aborted Babies --** [wisconsinrighttolife.org/pictures-of-aborted-babies-view/](https://wisconsinrighttolife.org/pictures-of-aborted-babies-view/)

**The Voice of John** (103-minute DVD) is a documentary with a forensic view into the pro-life movement from 1973 to date. It shows the real truth regarding abortion and euthanasia from the perspective of those who know it best; the doctors, nurses, clergy, and politicians who are responsible for this ruling as well as those who oppose it. (Available from [www.pro.life](http://www.pro.life).)

**Center Against Forced Abortions (CAFA)** was created to provide educational resources to empower minor and adult women who are being forced, unduly pressured, or coerced into an unwanted abortion. Call (210) 614-7157 or email [info@txjf.org](mailto:info@txjf.org) for more information. [thejusticefoundation.org/cafa](https://thejusticefoundation.org/cafa/)

**POST-ABORTION HEALING**

**Into My Arms** DVD is a healing tool for those who are experiencing post-abortion trauma. It also offers vital information for those considering abortion. (Available from [visionvideo.com](http://www.visionvideo.com).)

**Deeper Still** **is a ministry that offers free weekend retreats to women who have had abortions and the men who have fathered children lost to abortion.** Deeper Still also provides virtual retreats, training, resources and referrals.

[godeeperstill.org/](https://www.godeeperstill.org/) (1 min. 6 sec. welcome) [godeeperstill.org/about-us/testimonies.html](https://www.godeeperstill.org/about-us/testimonies.html) - Emily Donels (2 min 20 sec)

**Healing the Hurt that Won’t Heal: Freedom for the Abortion-Wounded and Help for the Church They Fear** by Karen Ellison, Deeper Still’s founder. This book details how to start to find healing for those who have been wounded by abortion and how the Church must help. (Available from [GoDeeperStill.org](http://GoDeeperStill.org) and [amazon.com](http://www.amazon.com),)

**Healing Hidden Bruises: How to Recover from the Trauma of Domestic Abuse and Coerced Abortion** by Arlene Lehmann (Available from [barnesandnoble.com](http://barnesandnoble.com) and [amazon.com](http://www.amazon.com).)

**Surrendering the Secret (STS) is a post-abortion recovery outreach;** a speaking and training ministry; an adoption agency and an abstinence education program. [surrenderingthesecret.com/find-help](https://surrenderingthesecret.com/find-help/)

**Silent No More Awareness** is a campaign whereby Christians make the public aware of the devastation abortion brings to women and men. The campaign seeks to expose and heal the secrecy and silence surrounding the emotional and physical pain of abortion. [SilentNoMoreAwareness.org](http://www.SilentNoMoreAwareness.org)

**Ramah International** is a post-abortion ministry. This article discusses the impact of abortion on post-abortive parents, grandparents and siblings; siblings of the post-abortive woman; and individuals who participated in the abortion decision. [ramahinternational.org/who-is-affected-by-abortion](https://ramahinternational.org/who-is-affected-by-abortion/)

**ABORTION PILL (MIFEPRISTONE/RU-486) REVERSAL**

**Colf Medical Clinic:** [colfsclinic.org/abortion-options/abortion-pill-rescue](https://colfsclinic.org/abortion-options/abortion-pill-rescue/) (description)

**Abortion Pill Reversal** ([abortionpillreversal.com](http://www.abortionpillreversal.com)) (helpline) 877 558-0333 (English and Spanish; other languages too via an interpreter)

**Abortion Pill Reversal** flyer (Available from [www.pro.life](http://www.pro.life).)

**ADOPTION**

**Christian Life Resources** provides an article that describes and gives examples of open adoption.

[christianliferesources.com/2018/05/04/open-adoption](https://christianliferesources.com/2018/05/04/open-adoption/)

**Brave Love** is a pro-adoption movement dedicated to changing the perception of adoption by acknowledging birth moms for their brave decision. Resources are provided to help expectant moms, connect birth moms and equip professionals. [bravelove.org](http://www.bravelove.org)

**Snowflakes Embryo Adoption Program, A Division of Nightlight Christian Adoptions**

The focus of Snowflakes is to reach out to those post-infertility patients who have been successful in conceiving and giving birth to children through in-vitro fertilization and are now confronted with the decision of planning the future for their frozen embryos.

[nightlight.org](http://www.nightlight.org) Click Adoption Programs. Click Snowflakes Embryo Adoption.

**PRO-LIFE APOLOGETICS – BOOKS, VIDEOS, AND WEBSITES**

*“Apologetics” does not imply you are apologizing for something, it means you are studying a topic in such a way that you can defend it articulately, effectively and, most of all, accurately.*

**Speaking for the Unborn: 30-Second Pro-Life Rebuttals to Pro-Choice Arguments** by Steven A. Christie, M.D., J.D. This comprehensive book is systematically laid out with clear and concise rebuttals that include their sources. This book, a four-part video tutorial and downloadable videos and photos can be accessed at [SpeakingForTheUnborn.com](http://www.SpeakingForTheUnborn.com).

**What to Say When: The Complete New Guide to Discussing Abortion** by Shawn D. Carney and Steve Karlen. This book is a clear, practical guide and resource to present pro-life views in a reasoned, sensible manner.

**What to Say When 2 – Your Proven Guide in the New Abortion Landscape: How to Discuss, Clarify, and Question Abortion in a Hostile Culture** by Shawn D. Carney and Steve Karlen.

(Both books and the first book in Spanish are available from [40daysforlifegear.com](http://40daysforlifegear.com/). Both books are available at [amazon.com](http://www.amazon.com).)

**The 1916 Project** is a documentary by Seth Gruber that exposes the hidden history (especially that of Margaret Sanger and Planned Parenthood) of the secular moral revolution, and the architects of our current culture of death. Watch the trailer at [www.the1916project.com](http://www.the1916project.com). The book, DVD, Blu-Ray, and 6-part curriculum for church study can be purchased at the same site.

**The Case for Life: Equipping Christians to Engage the Culture** (book) 2nd Edition released on 11-14-23.

Scott Klusendorf shows how to effectively make a case for the unborn.

(Available from [christianbook.com](http://christianbook.com), [barnesandnoble.com](http://barnesandnoble.com), and [amazon.com](http://www.amazon.com).)

**Recall Abortion: Ending the Abortion Industry’s Exploitation of Women** Author Janet Morana exposes the myriad ways abortion exploits women, calls for a national recall, documents the way abortion risks and degrades women's health and exposes the false promises and lies by which it is pushed and sold. Morana also investigates abortion's debilitating after-effects, and gives a voice to those women who have chosen abortion and have regretted it. (Available from [amazon.com](http://www.amazon.com).)

**Life Is Best**

Thirteen fast-paced episodes (Scott Klusendorf, narrator) on two DVDs equip viewers to defend the pro-life position and bring the healing power of the Gospel to lives that have been devastated through abortion.

(Available from answersingenesis.org/store/product/life-best.)

**Calum Miller**, ethicist, philosopher, and doctor, provides an extensive amount of information about pregnancy and abortion and its impact in a clear, well-organized fashion that includes a thorough Q&A and videos. calumsblog.com

**ALSO:** The **Fearfully and Wonderfully Made** exhibit at the Creation Museum in Petersburg, KY, is the largest pro-life exhibit in the US: [creationmuseum.org/fearfully-wonderfully-made](https://creationmuseum.org/fearfully-wonderfully-made/).

**IMPACT OF ABORTION ON MOTHERS AND OTHERS**

**Live Action** - Through compelling educational media, human interest storytelling, and investigative reporting, Live Action reveals the humanity of the preborn and exposes the abortion industry exploiting women for profit. Click various links. [liveaction.com](http://www.liveaction.com)

**Abortion and Race --** [abort73.com/abortion/abortion\_and\_race](https://abort73.com/abortion/abortion_and_race/)

**AfterAbortion.org** - David C. Reardon, Ph.D., is widely recognized as one of the leading experts on the aftereffects of pregnancy loss on women. His website gives information on abortion risks, complications, research, abortion recovery, and educational materials. [afterabortion.org](http://www.afterabortion.org)

**AbortionFacts.com** – 20 facts about abortion, each one with a detailed article. [abortionfacts.com](http://www.abortionfacts.com)

**Hush** is a documentary on the effects of abortion on women’s health. This was put together by a pro-choice director (who narrates the film) and a pro-life executive. (DVD is available from [visionvideo.com](http://www.visionvideo.com). It includes the 101-minute version and a 20-minute condensed version. The 101-minute version of **Hush** is also available On Demand, Prime Video and when doing a search for “Hush documentary on abortion.” Look for the Statue of Liberty.)

A remake of the documentary Hush, with the title **If Truth Be Known** is being produced by [mightymotionpictures.com](http://www.mightymotionpictures.com). It includes up-to-date scientific studies and information about health risks to women in terms of abortion including breast cancer, premature births, and psychological problems as well as the now prominent health risks associated with the pill(s) that account for approximately 60% of abortions in the United States. For further information, contact [mightymotionpictures@gmail.com](mailto:mightymotionpictures@gmail.com).

**“The Hollow Men”: Male Grief & Trauma Following Abortion**  [usccb.org/prolife/programs/rlp/rue.pdf](http://www.usccb.org/prolife/programs/rlp/rue.pdf)

**Shockwaves: Abortion’s Wider Circle of Victims** – This book by Janet Morana details the devastating effects of abortion through in-depth, first-person accounts of mothers, fathers, grandparents, siblings, doctors, and clinic workers who are impacted by the loss of a child to abortion. (Available at [christianbook.com](http://www.christianbook.com))

**THE “HARD” CASES – RAPE**

**Live Action** - In three studies, the majority of women chose life. The majority of them chose to raise their children. Reasons are given why these women chose life. [liveaction.org/news/studies-pregnant-rape-choose-life](https://www.liveaction.org/news/studies-pregnant-rape-choose-life/)

**Hope After Rape Conception** - This organization’s mission is to assist mothers from rape and their children.

[hopeafterrapeconception.org](http://www.hopeafterrapeconception.org) Founder embraces life: [liveaction.org/pregnant-from-rape-paula-embraced-life](https://www.liveaction.org/pregnant-from-rape-paula-embraced-life/).

**Rape Survivor Chooses Life for Son** (7 min. interview)

(Enter title on [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com) or go directly to [youtube.com/watch?v=5d6KCx2qSFw](https://www.youtube.com/watch?v=5d6KCx2qSFw).)

**Ryan Bomberger: “I am the 1% used to justify 100% of abortions.” (**4 min. 9 sec.) Founder of Radiance Foundation, affirms that every human life has God-given purpose. (Enter title on [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com) or go directly to

[youtube.com/watch?v=Foj5pysu-qs](https://www.youtube.com/watch?v=Foj5pysu-qs).)

**Sanctity of Life: No Exceptions**

[illinoisfamily.org/wp-content/uploads/2023/03/IFI\_Sanctity-of-Life\_printable.pdf](https://illinoisfamily.org/wp-content/uploads/2023/03/IFI_Sanctity-of-Life_printable.pdf)

**THE “HARD” CASES – DOWN SYNDROME & TERMINAL FETAL DIAGNOSES**

**Frank Stephens, Disability Advocate** and Ambassador for the Global Down Syndrome Foundation, has Down Syndrome.

* **Frank Stephens will change how you see Down Syndrome: Voices for the Voiceless** (2 min. 55 sec.)

Stephens stated his life is worth living. (Enter title on [youtube.com](http://www.youtube.com) or go directly to

[youtube.com/watch?v=uQNW9x7Z08Y](https://www.youtube.com/watch?v=uQNW9x7Z08Y)

**National Down Syndrome Adoption Network**’s mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family. Their program is a “connection point” between expectant/birth families, and adoptive families. They have a registry of families who are home study-ready to adopt, and feel called to adopt a child with Down syndrome. [ndsan.org](http://www.ndsan.org)

**Perinatal Hospice and Palliative Care**

[Perinatalhospice.org](http://Www.perinatalhospice.org) is a clearinghouse of information about perinatal (around the time of birth) hospice & palliative care, including many resources for parents and caregivers as well as an international list of more than 300 programs. Perinatal hospice and palliative care supports parents who choose to continue their pregnancies following a prenatal diagnosis indicating that their baby has a life-limiting condition and might die before or shortly after birth. [perinatalhospice.org](http://www.perinatalhospice.org)

**RESOURCES FOR CHILDREN**

**PRO-LIFE KIDS!** by Bethany Bomberger reinforces the value of every human life, in and out of the womb. It’s a tool that includes helpful resources that can be used by anyone who is looking to share an age-appropriate pro-life worldview to children.Author Bethany Bomberger reads her book to children: [prolifekids.com](http://prolifekids.com/)**.** (This book and a corresponding coloring/activity book are available from [theradiancefoundation.org](http://www.theradiancefoundation.org).)

**Crafted by God: From Fertilization to Birth** by Dr. Georgia Purdom and Stacia McKeever. This book for children ages 7 and up explores the biblical teaching that every human life has value. Full-color images and interactive pages reveal the wonder of God as Creator and the scientific genius behind His creative process. (Available from [answersingenesis.org](http://www.answersingenesis.org).)

**“10 Ways to Keep Your Kids Pro-Life”** will help protect your loved ones from pro-abortion indoctrination: [**prolifeamerica.org/guide/?src=radio&msgid=240903poso&v=poso**](https://prolifeamerica.org/guide/?src=radio&msgid=240903poso&v=poso)

**DEMONSTRATING THE HUMANITY OF THE PREBORN BABY**

**Fearfully & Wonderfully Made Kit**, that illustrates the miracle of human life and that every baby is made in the image of God from the moment of fertilization, includes:

* 12 3D lenticular mini-poster images
* **Fearfully & Wonderfully Made** book (60 pages), DVD and journal

(Available from [answersingenesis.org](http://www.answersingenesis.org).)

**BabyCenter** provides a week-by-week guide to pregnancy with pictures, detailed information and videos addressing the baby’s development and the impact on the mother. Additional topic categories are community (posts on popular topics) getting pregnant, baby, toddler, child, child’s health, and baby products. [babycenter.com/pregnancy/week-by-week](http://www.babycenter.com/pregnancy/week-by-week)

**Lapel Pins and Touch of Life Fetal Models**

* 10-week Precious Feet lapel pins
* 10-12-week Precious Hands lapel pins
* First Trimester (7, 8, 9, and 10-week) fetal model kit, carrying case, white, of color, and black ethnicities with English or Spanish info cards
* Main Set (12, 16, 22 and 26-week) fetal model kit, carrying case, white, brown and black ethnicities and English or Spanish information sheets
* 8, 10, and 12-week fetal models in white and black ethnicities
* 12-week fetal models in blankets in white and black ethnicities

(Available from [pro.life](http://www.pro.life).)

**Education Resource Fund** provides material on the preborn: videos, pictures, pregnancy tracker, curricular content, coloring pages, puzzles, word searches, etc. Of special note are the award-winning 49-minute video The Science of Life Before Birth and its 9 and 28-minute condensed versions See Baby Grow (9 and 28 minutes), all in English and Spanish. [erf.science](http://www.erf.science)

**Meet Baby Olivia** is a 3-minute animation of a baby from conception to birth.

[babyolivia.com](http://babyolivia.com) (It is also available on DVD at [liveaction.org](http://www.liveaction.org).) and [windowtothewomb.app](https://www.windowtothewomb.app/).

**Your Unborn Baby’s Secret World** (16-minute DVD) A window into the womb is achieved via ultrasound and fiber optics. (Available from [www.pro.life](http://www.pro.life).)

**NATIONAL PRO-LIFE ORGANIZATIONS**

***I encourage you to visit the websites of these organizations, learn about their work, and sign up for their emails.***

**Live Action**, headed by Lila Rose,provides an extensive amount of cutting-edge information in an easy-to-understand format in written and video formats. [liveaction.org](http://www.liveaction.org)

**Life Training Institute** empowers others with the knowledge and conviction necessary to make a case for life that changes hearts and minds. [prolifetraining.com](http://www.prolifetraining.com)

**Susan B. Anthony Pro-Life America** exists to end abortion and the destruction of unborn human life. [sbaprolife.org](http://www.sbaprolife.org)

**Charlotte Lozier Institute** is America's #1 source for science, data, and medical research on the value of human life.[lozierinstitute.org](http://www.lozierinstitute.org)

**Students for Life of America** exists to recruit, train and mobilize the pro-life generation to abolish abortion. [studentsforlife.org](http://www.studentsforlife.org)

**40 Days for Life** is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. [40daysforlife.com](http://www.40daysforlife.com)

**Alliance Defending Freedom (ADF)** is a world leader in defending religious freedom, free speech, the sanctity of life, parental rights, and God's design for marriage and family. [adflegal.org](http://www.adflegal.org)

**American Center for Law and Justice (ACLJ)** focuses on constitutional and human rights law worldwide. Based in Washington, D.C., with affiliated offices in Israel, Russia, France, Pakistan, and Zimbabwe, the **ACLJ** is pro-life and dedicated to the ideal that religious freedom and freedom of speech are inalienable, God-given rights for all people. [aclj.org](http://www.aclj.org) There is a pro-life tab in the top left corner.

**Thomas More Society (TMS)** has steadfastly preserved the rich heritage of American liberty. Their distinguished track record showcases an unwavering commitment to defending your fundamental rights to life, family and freedom.

[thomasmoresociety.org](http://www.thomasmoresociety.org)

Additional pro-life organizations:

* **National Right to Life** ([nrlc.org](http://www.nrlc.org))
* **Heartbeat International** ([heartbeatinternational.org](http://www.heartbeatinternational.org))
* **Save the Storks** ([savethestorks.com](http://www.savethestorks.com))
* **Human Coalition** ([humancoalition.org](http://www.humancoalition.org))
* **Pro-Life Action League** ([prolifeaction.org](http://www.prolifeaction.org))
* **Focus on the Family** ([focusonthefamily.com](http://focusonthefamily.com)) and Daily Citizen ([dailycitizen.focusonthefamily.com](http://www.dailycitizen.focusonthefamily.com))
* **Family Research Council** ([frc.org](http://frc.org)) and Family Research Council Action ([frcaction.org](http://www.frcaction.org))
* **Sidewalk Advocates for Life** ([sidewalkadvocates.org](http://www.sidewalkadvocates.org))
* **The Center for Client Safety** ([centerforclientsafety.org](http://www.centerforclientsafety.org))

**STATE PRO-LIFE ORGANIZATIONS**

**Illinois Right to Life** is the state’s oldest and largest single-issue pro-life organization. It works to educate Illinoisans on the reality of abortion, Illinois abortion law, and abortion alternatives. It also is the home of Project Love which, working with pregnancy resource centers, has awarded over $500,000 in emergency grants to pregnant mothers considering abortion because of financial hardship. [Illinoisrighttolife.org](http://www.Illinoisrighttolife.org)

**Illinois Right to Life Action** is the political arm of Illinois Right to Life which lobbies against pro-abortion legislation and educates voters about candidates for state and federal political office. [illinoisrighttolifeaction.org](http://www.illinoisrighttolifeaction.org)

**Illinois Family Institute (IFI)** is a ministry dedicated to upholding and re-affirming marriage, family, life and liberty in Illinois. IFI works to advance public policy initiatives consistent with Judeo-Christian teachings and traditions, educating citizens so that they can better influence their local communities and the state. IFI does not participate in, or intervene in any political campaign on behalf of any candidate for public office. [illinoisfamily.org](http://www.illinoisfamily.org)

**Illinois Family Action (IFA)**, the legislative action arm of [Illinois Family Institute](http://www.illinoisfamily.org/), promotes the common good and general welfare, primarily by means of education, including direct and grassroots lobbying. IFA works to advance public policies to protect the sanctity of human life, Christian marriage and the natural family, and other initiatives which are consistent with principles of good government. [illinoisfamilyaction.org](http://www.illinoisfamilyaction.org)

**ABORTION SURVIVORS**

**Abortion Survivors Network: More Than a “Choice”**

# [abortionsurvivors.org](https://abortionsurvivors.org/) Their mission is to create a world where the incidence of failed abortions and the lives of survivors is openly discussed and accepted, and survivors and their families are supported and healed.

# [drive.google.com/file/d/1cKfNP0xN-9YDFcEmZxI28m6UOfy\_QQLV/view?usp=drive\_link](https://drive.google.com/file/d/1cKfNP0xN-9YDFcEmZxI28m6UOfy_QQLV/view?usp=drive_link) Q&A on Born-Alive Abortion Survivors

[qrco.de/bcQaDI](https://qrco.de/bcQaDI)contains (4 min. 42 sec.) summary by Melissa Ohden and articles about why ASN exists, what they do, and the circumstances, needs, and the meeting of those needs for abortion survivors and others impacted by failed abortions.

[qrco.de/bcMqYU](https://qrco.de/bcMqYU) contains YouTube videos featuring the ASN website, information about the trauma issues, and abortion survivors, including Melissa Ohden, who interviews her birthmother.

[abortionsurvivors.org/babiessurviveabortions/](https://abortionsurvivors.org/babiessurviveabortions/) provides statistics, testimonies, and speaker opportunities.

**Statistics of Babies Born Alive After Abortion**: [docs.google.com/document/d/1-B6xuylxtT-Kuw0TLnGcT0K0enIuvnsH/edit?usp=sharing&ouid=102387695359981468141&rtpof=true&sd=true](https://docs.google.com/document/d/1-B6xuylxtT-Kuw0TLnGcT0K0enIuvnsH/edit?usp=sharing&ouid=102387695359981468141&rtpof=true&sd=true)

**Abortion Survivor Meets Her Birth Mother**

Melissa Ohden describes her journey from learning she was an abortion survivor to meeting her mother. (4 min. 38 sec.)

(Enter title at [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com) or go directly to [youtube.com/watch?v=WyDdjsZut8Y](https://www.youtube.com/watch?v=WyDdjsZut8Y).)

**ABORTION WORKERS BECOME PRO-LIFE AND LEAVE THEIR CLINICS**

**Unplanned** – Planned Parenthood Director Abby Johnson becomes pro-life after witnessing an abortion. (Movie available online by searching for “unplanned movie online free.” Available on DVD from [answersingenesis.org](http://answersingenesis.org) and [visionvideo.com](http://visionvideo.com). Available on DVD and Blu-ray and in book form from [christianbook.com](http://christianbook.com). Also available on Prime Video.)

**Unthinkable** is a groundbreaking 90-minute documentary by Abby Johnson featuring former abortion workers is a shocking exposé of the abortion industry’s dirtiest secrets. The film is anticipated to be released to theatres in the winter of 2025-2026 and subsequently on DVD. Learn more and watch the teaser at [unthinkabledoc.com](http://www.unthinkabledoc.com).

**Former Abortionist’s Remarkable Conversion Story -** Dr. Anthony Levatino **(5 min. 27 sec.)**

(Enter title on[youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com)or go directly to [youtube.com/watch?v=NGpTbamcvaM](https://www.youtube.com/watch?v=NGpTbamcvaM).)

**The Walls Are Talking: Former Abortion Clinic Workers Tell Their Stories** compiled by Abby Johnson with Kristin Detrow is available as a book from [store.focusonthefamily.com](http://store.focusonthefamily.com), [amazon.com](http://amazon.com), and [barnesandnoble.com](http://www.barnesandnoble.com).

**And Then There Were None** is a registered nonprofit organization, founded by Abby Johnson, that exists to help people in the abortion industry leave their jobs and rediscover the peace and joy they’ve been missing. [abortionworker.com](http://www.abortionworker.com)

**HOW CHURCHES CAN PROVIDE SUPPORT**

**Embrace Grace** is an organization that has the curriculum, tools, and team ready to help your church lead support groups for the single moms and dads in your community! [embracegrace.com](http://www.embracegrace.com)

**Houses of Refuge** are churches that declare quarterly from the pulpit to be a safe place for those facing unplanned pregnancies or who have experienced the trauma of abortion, to receive the help they need without any shame or condemnation. Love Life is a quick-start, Zoom-based training for the church on how to reach out to both mom and dad and bring them into their church family. It begins by hosting a huge baby shower.

[care-net.org/churches-blog/when-houses-of-worship-becoming-houses-of-refuge](https://www.care-net.org/churches-blog/when-houses-of-worship-becoming-houses-of-refuge)

**The Harbaugh Pledge** was made by an individual couple, to adopt children in unexpected pregnancies, but this model could be relevant to a church. [illinoisfamily.org/life/the-harbaugh-pledge](https://illinoisfamily.org/life/the-harbaugh-pledge)

**MISCELLANEOUS RESOURCES**

**[Everylife.com](http://www.Everylife.com)** is a pro-life company with a simple mission: to provide premium products for every baby. This is a good alternative to well-known brands that support Planned Parenthood and/or pay for their employees to travel for out-of-state abortion procedures.

**It’s OK** is a 4 min. 39 sec. animated video of experiments being performed on near-term alive aborted babies, without anesthetic, to create vaccines. [choice42.com/its-ok](http://www.choice42.com/its-ok)

The **“Success Sequence”** is a proven formula to help young adults succeed in America. The [latest research](https://ifstudies.org/ifs-admin/resources/reports/successsequencedisadvantagedya-final.pdf) shows that 97% of millennials who follow all three steps including abstinence until marriage were not poor as adults**.**[ifstudies.org/success-sequence](https://ifstudies.org/success-sequence)

**Excel** is a biblical study to help teens pursue God’s plan for life, marriage, and family. It is based on the Joseph narrative in Genesis. Online learning, videos, and a leader’s guide are available to supplement the workbook. [preparetoexcel.com](http://www.preparetoexcel.com)

**Ryan T. Anderson -** **2 Ways Marriage Protects Unborn Babies.** 36 seconds (Enter title on [youtube.com](file:///C:\Users\ERS\Mega\Equipped!\youtube.com) or go directly to [youtube.com/shorts/IN\_9LtV5tww](https://www.youtube.com/shorts/IN_9LtV5tww).)

**IL Baby Safe Haven Law**: An unharmed newborn, up to 30 days old, may be handed to staff at any hospital or emergency medical center, police station or firehouse, college/university police station or IL State Police district headquarters. No questions asked and no fear of prosecution. No names, shame or blame. Upon delivering the newborn, information on resources will be given, many times resulting in the newborn not actually being left.

[saveabandonedbabies.org/wp-content/uploads/2019/08/08-2019-SafeHavenCurriculum.pdf](https://saveabandonedbabies.org/wp-content/uploads/2019/08/08-2019-SafeHavenCurriculum.pdf)

**Angel Gowns** converts donated wedding dresses into baby burial garments. These gowns are donated all across the US to hospitals, funeral homes, other non-profits, and to individual families grieving the loss of a baby to miscarriage, stillbirth or other infant death. [angelgowns.us](http://www.angelgowns.us)

**ONGOING AND UPCOMING RELEASES**

**Face to Face** by Live Action. For the first time, abortion survivors, former abortion providers, and women experiencing abortion regret come face to face. Join Lila Rose for an emotional and thought-provoking conversation that brings together powerful stories from all sides of the abortion tragedy. Go to [liveaction.org](http://www.liveaction.org). Under videos, click Face to Face Series.

**Fathers\*** is an unprecedented documentary that explores the legal, political, social, and moral involvement of men with abortion. A description of the film is available at [mightymotionpictures.com/images/Fathers!%20One%20Sheet\_Mar%202022.pdf](https://mightymotionpictures.com/images/Fathers!%20One%20Sheet_Mar%202022.pdf). For further information, contact [mightymotionpictures@gmail.com](mailto:mightymotionpictures@gmail.com).

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[mightymotionpictures.com/images/Unthinkable\_OneSheetBack.pdf](https://mightymotionpictures.com/images/Unthinkable_OneSheetBack.pdf)

A close-up of a logo

Description automatically generated**This resource list is periodically updated and can be downloaded at** [**EquippedForLife.net**](http://www.EquippedForLife.net)**. Click “The Resource List.”**