

# These Are Only Suggestions For Spending *Your Time* In Prayer

**I**f this spiritual battle were up to us and our own power we would surely lose. But based on the blood of Jesus and His intercession for us now in heaven *“we are more than conquerors through Him who loved us.”* **Romans 8:37**

When we come believing in His victory on the cross and pour out our hearts to God, great things will happen! Bill Gothard’s *“The Power of Crying Out”* is a wonderful little book on prayer, impossible situations and God’s miraculous intervention on behalf of His people. Several examples of people’s heartfelt prayers answered miraculously today are cited in the book. They received miraculous intervention for situations that were 100% impossible in human terms.

Throughout the Old Testament we see the record of God’s intervention on behalf of the Israelites. Scripture reveals that the Israelites called on, and literally **cried out** to God when they found themselves in impossible situations with no way out, and God answered. This consistently prompted His intervention.

God did then and still does now answer prayer! I don’t think it’s necessarily the volume of our words that gets God’s attention, but rather the deep sincerity of our heart. This is the type of prayer of which our culture is in desperate need.

In Psalm 55 all times of the day were covered in prayer.

**Psalm 55:17** *“Evening, morning and noon I cry out in distress, and He hears my voice.”*

We see this principle elsewhere.

**1 Thessalonians 5:17** says, *“...pray continually...”*

In **Ephesians 6:18** we read, *“And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying...”*

In **Luke 18** *“Jesus told his disciples a parable to show them that they should always pray and not give up.”*

**Psalm 34:14-16** *Turn from evil and do good; seek peace and pursue it. The eyes of the Lord are on the righteous, and his ears are attentive to their cry; but the face of the Lord is against those who do evil, to blot out their name from the earth.*

**Ephesians 3:20-21** *The One who sees, hears and knows all things “is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”*

Nothing escapes God. He hates evil and is ready and willing to answer our prayers. He sees our heart and desires to act. We have the most powerful weapon in the universe. Prayer! And the most powerful Being in the universe is on our side!

In **James 5:16** Scripture says, *“The prayer of a righteous person is powerful and effective.”*

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What an honor and a privilege to storm the gates of heaven with prayer!

- Pray that the Equal Rights Amendment (ERA) will once again be defeated in Springfield.
- Pray that Illinois lawmakers will stop pursuing gambling revenue to solve their problem of over spending. Gambling creates addicts, exploits people, hurts families and creates losers. It's very bad public policy.
- Pray that parents will talk to their children about protecting their hearts and minds from bad images on the Internet and install filters on any device that gives them Internet accessibility.
- Pray that lawmakers will see the value in passing legislation that will protect children from online pornography and predators in schools and libraries.
- Pray that pastors will teach their members the whole Word of God and address the current battles we face.
- Pray that God would free those who are imprisoned in sexual behavior outside of marriage.
- Pray that those imprisoned by homosexuality, drugs, alcohol, pornography and gambling addictions would seek help.
- Pray that all life, made in the image of God, would be valued in our culture.

